



CRESCENT SPUR
HELI-SKIING





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Welcome to Crescent Spur Heli-Skiing...

It is our goal to make your holiday here the very best it can be. Please read the following information – it will help to familiarize you with our lodge and skiing schedule. If you have any questions, don't hesitate to ask – *we are here for you.*

Safety Orientation – A safety orientation is held either the day of arrival or the first morning before heading out skiing. The purpose of this orientation is to thoroughly familiarize you with the use of the

avalanche transceivers that you wear and also to acquaint you with the helicopter safety rules.

Morning Stretch Class – We highly recommend our 30 minute stretch class, which runs every ski morning before the start of breakfast. The class is led by our massage therapist in the exercise room downstairs, next to the recreation room. Stretching prepares cold muscles for the ski day and helps to prevent strains and injuries.

FAST FACTS ABOUT CRESCENT-SPUR HELI-SKIING

- Maximum 16 guests
- One guide for each group of 8
- 1000 - 4000 vertical feet runs
- Terrain: Alpine bowls, treed & gladed runs, expansive glaciers
- Jet Powered Bell 205 seats 10 guests, their guides and pilot



One more run? Oh, all right.

A FEW AMENITIES

- Comfortable bedrooms with ensuite bathrooms
- Open-air jacuzzi
- Sauna
- Spacious games room and lounge
- Family-style dining room



Don't you just hate it when the runs get all cut-up?

ENJOY!



Recreation Room — The room is equipped with ping pong, air hockey, satellite TV, DVD, video and sound system. Many exciting games of ping pong have played out before an appreciative audience.

Exercise Room — For those guests that like an extra workout at the beginning or end of the day, the exercise room is equipped with a treadmill, rowing machine, weight bench and free weights.

Massage — Our massage therapists help to keep those legs "ski-able". A massage sign-up schedule is located on the bar.

Hot Tub and Sauna — Our hot tub is located on the side deck. Please note that there is a maximum capacity of 8 persons. The hot tub closes at 10 pm. The sauna is located on the way to the hot tub deck. Staff have it heated and ready for your enjoyment.

The Bar — The bar is open upon return from skiing until 11:00 pm. Our full service bar offers a good selection of wines, spirits and mixed drinks. We will be pleased to open a tab for you that can be settled at the end of your week. In consideration of guests that have retired for the evening, we suggest that festivities be moved from our lodge common area to our recreation room after 10:30 p.m.

Retail Shop — We have envelopes in the retail shop that are marked with guest names. Should you wish to purchase retail items, please put price tags in your envelope; for items that do not have individual price tags, please write on your envelope what item you are taking. We have an assortment of clothing – shirts, fleece pants, jewelry, goggles, sunglasses, gloves, mitts, and long underwear. Our lodge staff would be pleased to assist you in finding what you need.



Skis — We have a selection of specialized powder skis available for rent – our Volant Chubbs and Volk Explosivs make powder skiing easier and more enjoyable. Our guiding staff would be happy to set you up with a pair.

Dietary Requirements — Our chefs prepare the finest delectable, yet hearty fare. If you have special dietary requirements, please feel free to speak with our chef.

Smoking — We offer a smoke free environment in our lodge. Smoking is not permitted in the lodge or on the balconies. Smoking is allowed outside of the lodge in designated smoking areas.

Recycling — Please note blue recycling bins in your room for soft drink and beverage containers.

Towels — In our effort to conserve water and energy, towels left in the shower will

be replaced. We will assume that towels on the rack can be reused.

Extra Vertical — Your ski package includes a set amount of vertical as outlined in our brochure and website. Once the package vertical has been reached, the group may wish to ski extra vertical. A minimum number of skiers per group is required for this extra skiing. The per person charge for extra vertical is \$20/1000 vertical feet.

Gratuities — Many guests inquire about our tipping policy. Gratuities are shared equally among our guiding, flight and lodge staff. We are happy to add any gratuities onto your trip bill, as per your instructions. We are frequently asked about an appropriate amount for a tip. In previous seasons the average per guest has been \$300.00 CDN.

Thank you. Have a great week!







Crescent Spur Helicopter Holidays Ltd.
General Delivery, Crescent Spur
British Columbia, Canada V0J 3E0

Telephone: (250) 553-2300

Fax: (250) 553-2301

Toll-free: 1-800-715-5532 (U.S. and Canada)

Email: info@crescentspurheliski.com

www.crescentspurheliski.com